

COLONOSCOPY PREPARATION WITH SPLIT DOSE CLENPIQ

ONE WEEK BEFORE PROCEDURE : Make sure to review instructions and pick up needed prescriptions or over-the-counter medications.

AVOID consuming corn, seeds, and nuts from this date on until your procedure is completed.

PURCHASE the following from your pharmacy or grocery store:

- * CLENPIQ - script sent to your pharmacy electronically
- * Two Bisacodyl (Dulcolax laxative) tablets- no prescription needed

REVIEW these instructions and the attached Medication Check List.

DAY BEFORE PROCEDURE :

NO SOLID FOODS OR DAIRY PRODUCTS TODAY

CLEAR LIQUIDS ONLY TODAY (anything you can see through)

Examples include: water, broth, black tea or coffee (no creamer), clear juice without pulp such as apple or white grape, jello, clear soda such as Sprite or Ginger-ale, clear Ensure or Pedialyte, popsicles, sorbet, hard candy, Gatorade and other sport drinks. **Avoid red or purple colored liquids.** No alcoholic beverages. Be aware that carbonated beverages may cause bloating.

At 5:00pm - Take two (2) Bisacodyl (Dulcolax) tablets with 8-12oz. of clear liquid.

At 6:00pm - Start drinking the Clenpiq. You can drink it right from the container. Drink all the liquid in the container. You **must** drink 5 additional 8 oz. containers of water or clear liquids over the next 5 hours.

BE SURE TO DRINK PLENTY OF CLEAR LIQUIDS WHILE PREPPING FOR THE PROCEDURE.

Some patients do experience nausea and/or vomiting while preparing for this procedure. If this happens, you may need to take a short break from drinking the mixture. **It is essential to complete your entire prep.** Bowel movements are not predictable - don't worry if it takes several hours after you drink the first dose of the prep before you have bowel movements.

DAY OF PROCEDURE :

At 5:00am - Start drinking the Clenpiq. You can drink it right from the container. Drink all the liquid in the container. You **must** drink 3 additional 8 oz. containers of water or clear liquids over the next hour. You should achieve bowel movements that are clear-yellow liquid.

Nothing by mouth 4 hours before colonoscopy. This includes gum, mints, cough drops and liquids.

- Wear comfortable clothes. Do not wear contacts.
- Female patients under the age of 50 will be required to provide a urine sample for pregnancy testing

If you have any questions, please refer to our website, www.gastrowny.com.