

COLONOSCOPY PREPARATION WITH SPLIT DOSE SUTAB

ONE WEEK BEFORE PROCEDURE : Make sure to review instructions and pick up needed prescriptions or over-the-counter medications.

AVOID consuming corn, seeds, and nuts from this date on until your procedure is completed.

PURCHASE the following from your pharmacy or grocery store:

* SuTab - script sent to your pharmacy electronically

REVIEW these instructions and the attached Medication Check List.

DAY BEFORE PROCEDURE :

NO SOLID FOODS OR DAIRY PRODUCTS TODAY

CLEAR LIQUIDS ONLY TODAY (anything you can see through)

Examples include: water, broth, black tea or coffee (no creamer), clear juice without pulp such as apple or white grape, jello, clear soda such as Sprite or Ginger-ale, clear Ensure or Pedialyte, popsicles, sorbet, hard candy, Gatorade and other sport drinks. **Avoid red or purple colored liquids.** No alcoholic beverages. Be aware that carbonated beverages may cause bloating.

At 6:00pm - Open 1 bottle of 12 tablets. Add cool drinking water to the 16oz. line on the container. Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes. Drink all the liquid in the container. 1 hour after the last tablet is swallowed, you **must** drink 2 additional 16oz. containers of water over the next hour.

BE SURE TO DRINK PLENTY OF CLEAR LIQUIDS WHILE PREPPING FOR THE PROCEDURE.

Some patients do experience nausea and/or vomiting while preparing for this procedure. If this happens, you may need to take a short break from drinking the mixture. **It is essential to complete your entire prep.** Bowel movements are not predictable - don't worry if it takes several hours after you drink the first dose of the prep before you have bowel movements.

DAY OF PROCEDURE :

At 1:30 am or 6 hours prior to procedure - Open 1 bottle of 12 tablets. Add cool drinking water to the 16oz. line on the container. Swallow each tablet with a sip of water and drink the entire amount over 15 to 20 minutes. Drink all the liquid in the container. 1 hour after the last tablet is swallowed, you **must** drink 2 additional 16oz. containers of water over the next hour. You should achieve bowel movements that are clear-yellow liquid.

*****Nothing by mouth 4 hours before colonoscopy. This includes gum, mints, cough drops and liquids.**

- Wear comfortable clothes. Do not wear contacts.
- Female patients under the age of 50 will be required to provide a urine sample for pregnancy testing

If you have any questions, please refer to our website, www.gastrowny.com.